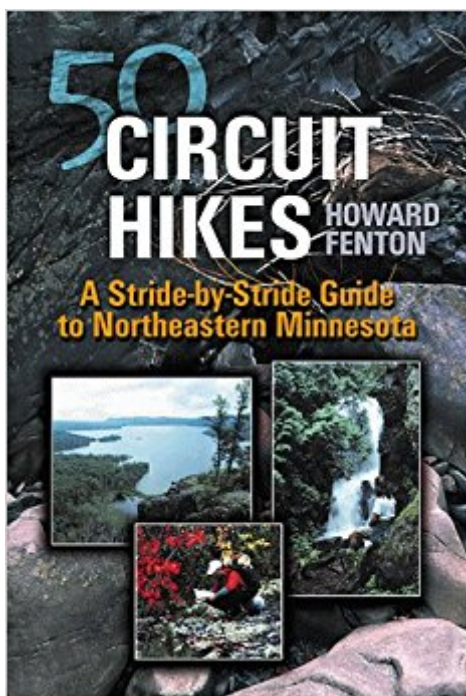


The book was found

50 Circuit Hikes: A Stride-By-Stride Guide To Northeastern Minnesota



Synopsis

Howard Fenton, former Peace Corps worker, biologist by trade, recreational hiker and bird-watcher by inclination, has trekked trails on four continents from the Sierra Nevada to Western Samoa. When he moved to Minnesota from the Blue Ridge Mountains of Virginia, he couldn't find a top-quality trail guide to the arrowhead region so he wrote it! Filled with tempting trails and intriguing trailside lore, this comprehensive guide introduces hikers of all abilities to the unique natural beauty of northeastern Minnesota. Choose a hike to match your mood, time frame and adventure level. Climb ridges and mountains along the North Shore for panoramic views of Lake Superior. Ramble along gently flowing streams and wildly dashing rivers. Amble over boardwalks through wetlands and across the tops of beaver dams. Stride-by-stride milepost information accurately describes the route of each hike so you can easily keep your bearings. For pre-hike preparation or on-the-trail exploration, enjoy the wealth of natural history information on geology, plants, and animals you're likely to see, along with other points of interest and some history about the people who traveled these paths in the past. Search for evidence of how the violent volcanic past and the inching glaciers have shaped the land. Look for lady's slippers, trillium, pitcher plants. Watch for beavers, broad-winged hawks, white-tailed deer, even black bears!

Book Information

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Customer Reviews

Love it!

This is a terrific book for people who love to hike in NE Minnesota but have done all the typical trails.

Yes, he covers common, over-used trails like the Split Rock River loop on the Superior Hiking Trail or the Bass Lake Trail north of Ely. But the real strength of the book is in all the obscure trails he's found off in the boonies, like the Eighteen Lake Trail or nice loops in the state parks. The book title isn't quite clear about this, but all of the hikes are loops, so there's no need to arrange a shuttle or completely return along the same route. The natural history information for each trail is well done and reflects a lot of thought about the terrain. It's probably more information than most hikers really wanted, but if you take the time the night before your hike to read it through, it will definitely enhance your experience.

I bought this book not from but from a gift shop at gooseberry falls. However, I still want to review it! I moved to the north shore in 2013. Always an avid hiker, I was thrilled to find this book. It's perfect for those, like me, who don't want to hike out only to turn around and run over the same old ground. I totally recommend this book....

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